

SELF REFERRAL TO PHYSIOTHERAPY

Please complete and sign this form to refer yourself to physiotherapy and send it to us at your preferred location.

Failure to present this form at your first appointment may result in the physiotherapist being unable to carry out your assessment – therefore it is imperative for you to bring it completed.

Name:

GP's Name:

Address:

GP's Surgery Address:

HEFT Staff members please tick

Can we leave a message?

Phone no. (home):

Yes No

Phone no. (work):

Yes No

Phone no. (mobile):

Yes No

Date of Birth:

Today's date:

Please note no under 18's accepted

Do you require an interpreter? Yes No

If yes, which language?

Please give a brief description of why you would like a physiotherapy assessment:
(please note only one condition can be assessed)

THE FOLLOWING CONDITIONS REQUIRE A GP REFERRAL AND WILL NOT BE ACCEPTED AS A SELF REFERRAL

All Neurological Conditions

All Respiratory Conditions

All Incontinence/Gynaecological Problems

Anyone under the age of 18

All patients requiring a home visit

All pregnancy related conditions

DO YOU THINK YOU NEED PHYSIOTHERAPY ?

Please either ring the relevant contact number as outlined below, or fax/post your referral to the correct address. After receiving the referral we will contact you to arrange a mutually agreed appointment.

1. Physiotherapy Appointments in Solihull Community

CONTACT CENTRAL BOOKING on 0121 329 0107

FAX: 0121 329 0198

POST: Physiotherapy Department, Chelmsley Wood Primary Care Centre, Crabtree Drive, Chelmsley Wood B37 5BU

Please tick the box for your preferred choice of location for physiotherapy:

- Balsall Common Health Centre
- Chelmsley Wood Primary Care Centre
- Freshfields Health Centre – Knowle
- Hobs Moat Medical Centre – Solihull
- Hurst Lane Clinic – Castle Bromwich
- Northbrook Health Centre – Shirley
- Shirley Clinic

2. Physiotherapy Appointments in the Acute Hospitals

If you live closer to one of the acute hospitals listed below and it is easier to have your treatment there then please contact

POST: Solihull Hospital Physiotherapy Department, Lode Lane, Solihull B91 2JL

Telephone: 0121 424 5446

POST: Good Hope Hospital Physiotherapy Department, Rectory Road, Sutton Coldfield, B72 7RR

Telephone: 0121 424 9053

POST: Heartlands Hospital Physiotherapy Department, Bordesley Green East, Birmingham, B9 5SS

Telephone: 0121 424 0493

If you are uncertain about whether you can self-refer or not please contact your local clinic for advice.